

## Norwood launches Swimathon for High Schools

16 January 2009

Norwood will stage its first-ever High School Swimathon on 19 February where participants can take to the water with a splash, and swim 1.5km or 2.5km while raising funds for Norwood.



This event will be held for children between the ages of 11 and 16 during half-term at the Canons Sports Centre, at the North London Collegiate School, Canons Drive, Edgware, HA8 7RJ. Swim times are available between 10.30am and 4pm, and participants can register for as low as £10.

Each participant has a target of at least £100 in sponsorship money. For further information about the High School Swimathon, or to register, call the Norwood Challenges Team on 020 8420 6834, email [challenges@norwood.org.uk](mailto:challenges@norwood.org.uk) or visit [www.norwood.org.uk/challenges](http://www.norwood.org.uk/challenges).

“This is an exciting new event,” said Ian Tate. “Like all Norwood Challenges, the Swimathon caters to the needs of people with a wide range of abilities who want to get fit and have fun whilst raising money for a fantastic cause. There is something for everyone in 2009.”

Asics Watford Half Marathon	1 February
High School Swimathon*	19 February
London Marathon	26 April
Waterside Walk*	10 May
Community Fun Run	24 May
Junior Bike Ride*	21 June
Capital to Coast Cycle Challenge*	28 June
Asics British 10K London Run	12 July
Men's Olympic Open Triathlon	2 August
Adidas Women's 5K Challenge	6 September
Provence Trek, France*	6-11 September
Israel Bike Ride*	17-25 October
Rajasthan Bike Ride, India*	29 October – 8 November
New York Marathon	1 November

\* Norwood Challenge event

For further information, photos and interviews, please contact Michael Siva, Public Relations Officer at Norwood, on 020 8420 6900 or email [pressoffice@norwood.org.uk](mailto:pressoffice@norwood.org.uk).

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Broadway House, 80-82 The Broadway, Stanmore HA7 4HB