

Special Families

Formerly known as 'Over & Under Fives'

Special Families is a group run by parents with children/young adults with Special Needs. We welcome all at our meetings, if you are seeking support, friendship, or information that may be helpful for a family member with Special Needs. The group is open to: Parents, Grandparents and Siblings.



Over and Under Fives Group

Special Families is a group run by parents offering advice and information to families who have a special needs member. All members of the group have a child, young adult or close relative with Special Needs.

Special Families meets informally in the homes of members about once a month and takes an inclusive approach. This means that ALL family members are welcome at our meetings - parents, grandparents and siblings. If you, or someone that you know, could benefit from support, friendship, information or advice on how to access services for a special needs family member, then please contact

Special Families are a diverse group, looking after family members with a range of special needs including: Autism, ADHD, Asperger's Syndrome, Cerebral Palsy, Global Developmental Delay as well as some genetic disorders. It is important to remember that whatever the need, accessing support and advice is similar for all, no matter where you live.

Special Families meetings are held regularly in the North London area. Our aims are twofold: firstly, we offer informal but invaluable support via social evenings which have been very successful by giving our members as much time as they need to share experiences and learn from each other. Secondly, we hear from experts on issues that relate directly to our lives, and those of our special needs family member.

Special Families runs an online support e-group where we freely and privately discuss topics of interest and share information.

Special Families runs a Facebook siblings group moderated by two of our 20 year old able members, siblings themselves. It is a private group and is open to siblings of all ages. It is not open to parents/carers.

Special Families members are not committed to attend every meeting and the Group operates an open door policy. A child's age and needs are irrelevant. Our members come from all walks of life and from all strands of Judaism.

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Attached are the dates of our up and coming meetings and speakers for the next year. If you would like more information, please contact Monique Lauder on 020 8428 6706 or E-mail monique.lauder@btoopenworld.com.