

# NORWOOD'S NEW SUPPORT GROUP

## ***TACHLES***

*Yiddish for straight-talking*

Tachles is Norwood's new support group for parents and carers of children with learning disabilities who are in the process of moving out or who have moved away from home.

We all have to deal with changes at various stages of our lives. Sometimes it can be easy and exciting and at other times, it is harder to cope with changes. Norwood's new support group will help parents and carers adapt to changes in their lives.



What can the

***TACHLES***

support group offer you?

Practical strategies to cope with change

The chance to build relationships with other parents or carers who are in a similar situation

The opportunity to share your feelings and support each other

A place where you can learn and share how other people deal with their child moving on

Please come along and meet other parents and carers whose children are in the process of moving out or have moved away from home.

# CONTACT US

If you would like to attend a meeting please contact the meeting facilitator:

**David Siedermann, Social Worker**

**Telephone: 020 8559 6223**

**Email: [david.siedermann@norwood.org.uk](mailto:david.siedermann@norwood.org.uk)**

Please enquire if you need assistance with transport.



**NORWOOD**  
CHILDREN & FAMILIES FIRST

**Patron** Her Majesty The Queen  
Registered Charity Number 1059050